



AcuPanda LLC
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client signature _____

date of initial visit _____

personal information

name _____ date of birth _____

address _____

city _____ state _____ zip _____

home phone _____ cell phone _____

work phone _____ ext. _____

email _____

occupation _____

referred by _____

emergency contact name (relationship) _____ emergency contact phone _____

physician's name _____ physician's phone _____

massage experience

Have you had a professional massage before? Yes No

If yes, what types of massage have you had (swedish, shiatsu, deep tissue, etc.) _____

How long have you been receiving massage therapy? _____

Frequency of massages? _____

What are your goals for treatment? _____

current health

Reason for initial visit _____

Height & weight _____

Do you exercise regularly and/or participate in any sports? Y N

If yes, what kind of exercise/sports? _____

Do you perform any repetitive movement in your work, sports or hobby? Y N

If yes, describe _____

Do you sit for long hours at a workstation, computer or driving? Y N

If yes, describe _____

Do you experience stress in your work, family, or other aspect of your life? Y N

If yes, describe _____

Are you experiencing tension, stiffness, discomfort or pain? Y N

If yes, describe _____

Have you recently had an injury, surgery, or areas of inflammation? Y N

If yes, describe _____

Do you have sensitive skin? Y N

Do you have any allergies to oils, lotions or ointments? Y N

If yes, please explain _____

List any medications you are currently taking _____

List any known allergies _____

client agreement

It is my choice to receive massage therapy. I am aware of the benefits and risks of massage and give my consent for massage. I understand that there is no implied or stated guarantee of success of effectiveness of individual techniques or series of appointments. I acknowledge that massage therapy is not a substitute for medical care, medical examination or diagnosis. I have stated all medical conditions that I am aware of and will inform my practitioner of any changes in my health status. I understand that the american massage therapy association® has provided this form as a reference and is not held liable for any services provided.

signature _____ date _____